

Embassy of India

Paramaribo

PRESS RELEASE

Embassy of India celebrated the 11th International Day of Yoga in Suriname

On 21 June 2025 (Saturday), the Embassy of India in Paramaribo hosted the 11th International Day of Yoga (IDY) at Arya Diwakar Hall in Paramaribo, Suriname.

In his welcome address, Chargé d' Affaires, a.i., Mr. Prem Selwal, highlighted the significance of IDY and the transformative benefits of yoga for holistic health. He urged attendees to integrate yoga into their daily lives and share its benefits with others, emphasizing on the IDY 2025 theme, "Yoga for One Earth, One Health."

The event featured a one-hour Common Yoga Protocol session led by Dr. Somveer Arya, Director of the Swami Vivekananda Cultural Centre (SVCC), alongside Pandit Ashish Mathura, regular Yoga attendees of SVCC, Yoga students. Approximately 250 participants from diverse backgrounds and age groups enthusiastically engaged in the session, reflecting yoga's universal appeal. Adding a cultural element, Ms. Ambili Chindagil, SVCC Dance Teacher, captivated attendees with a Bharatanatyam performance.

Country Manager Mr. Sudheendra and Director of Public Health Dr. Sukul addressed the gathering in Hindi, English and Dutch. Deputy Chairman of Arya Diwaker welcomed the IDY initiative and expressed that Arya Dewaker was happy to coordinate the event with the Embassy. Arya Diwaker temple also arranged for the participation of school children from various institution who also became the part of celebration.

The event's success was supported by sponsors, including M/s Kalpataru Projects International Limited, Yogh Hospitality, and Arya Diwakar temple, as well as enthusiastic volunteers and participants. In run up to IDY 2025, the SVCC organized several curtain-raiser events across Suriname, fostering widespread participation from community organizations and yoga enthusiasts. The IDY program concluded with a vote of thanks by Dr. Somveer Arya.

The celebration underscored yoga's growing popularity in Suriname, promoting community well-being and unity. Photographs of the event are enclosed for reference.

Paramaribo 21 June 2025















